



CONTACT

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fengruochen@u.nus.edu

EDUCATION

Doctor of Philosophy (PhD) in Nursing (ongoing)

National University of Singapore
Since 2024

Graduated Diploma in Health Data Science (ongoing)

University of New South Wales Australia
Since 2024

Bachelor of Nursing (Honours)

National University of Singapore
2017 - 2021

GCE A level

Anderson Junior College
2015-2016

SKILLS

Clinical skills

Research

Critical thinking

Communication

Teamwork

FENG RUO CHEN

SUMMARY

A compassionate and dedicated Nurse with three years of experience in a critical care setting. Known for remaining calm and organised in fast-paced, stressful environments, ensuring the delivery of safe and quality patient-centred care. Demonstrates a deep passion for advancing healthcare through active engagement in projects related to nursing research, evidence-based practice, and nursing innovation. Committed to continuous learning to stay abreast of the latest developments in healthcare.

WORK EXPERIENCE

RESEARCH ASSISTANT 2024 - Current

NATIONAL UNIVERSITY OF SINGAPORE

SENIOR STAFF NURSE 2021 - 2024

TAN TOCK SENG HOSPITAL

CLINICAL RESEARCH 2022 - 2024

TTSH NURSING IMPLEMENTATION,
TRANSLATION AND RESEARCH OFFICE (NITRO)

NURSING INNOVATION 2023 - 2024

TTSH NURSING INNOVATION
DEPARTMENT

LEADERSHIP & PROJECT PARTICIPATION

HEALTHY LONGEVITY INCUBATOR 2024
FINANCE TEAM MEMBER

NUS KING EDWARD VII HALL 2018 - 2019
VICE PRESIDENT OF MANDOPOP BAND

YONG LOO LIN SCHOOL OF MEDICINE 2017 - 2018
NEIGHBOURHOOD HEALTH SERVICE (NHS) VOLUNTEER
PUBLIC HEALTH SERVICE (PHS) VOLUNTEER

NATIONAL UNIVERSITY HEALTH SYSTEM 2020
COVID SEROLOGY TEAM, PHLEBOTOMY VOLUNTEER

JOURNAL PUBLICATION

NUTRITION REVIEWS JOURNAL (IMPACT FACTOR: 7.8)

[Feng_RC](#), Dong YH, Hong XL, Su Y, Wu XV. Effects of anthocyanin-rich supplementation on cognition of the cognitively healthy middle-aged and older adults: a systematic review and meta-analysis of randomized controlled trials. *Nutr Rev.* 2023;81(3):287-303. doi:10.1093/nutrit/nuac055

ARCHIVES OF GERONTOLOGY AND GERIATRICS (IMPACT FACTOR: 4.0)

Hong XL, Cheng LJ, [Feng_RC](#), et al. "Effect of physio-cognitive dual-task training on cognition in pre-ageing and older adults with neurocognitive disorders: A meta-analysis and meta-regression of randomized controlled trial. *Arch Gerontol Geriatr.* 2024;116:105161. doi:10.1016/j.archger.2023.105161