

PROFESSIONAL SKILLS

Clinical skills 

Collaboration 

Presentation skills 

Research - Scientific Writing skills 

Soft skills 

Healthcare Economics 

CERTIFICATIONS

Active member of the "Hellenic Society of Hypertension" | 10.02.2022

Certificate of Programming and European Computer Driving License / 2010

"Basic Life Support" ERC certificate / 2018

Empathy and Soft Skills in Clinical Settings / 2019

HOBBIES-INTERESTS

Piano - Music

Chess

Photography

Astronomy

Swimming

Economics

CONTACT

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CONFERENCES

23th ESFIE (Scientific Congress of Hellenic Medical Students)

12-14 May 2017 | Active participant. "Potential Therapeutical Applications of Stem Cells"

7th Scientific Conference of Medical School Department

13-14 April 2018 | Active participant. "Alzheimer's Disease and Environmental Factors"

24th ESFIE (Scientific Congress of Hellenic Medical Students)

27-29 April 2018 | Active participant. "A Systematic Review of the Effect of Environmental Factors on the Occurrence of Alzheimer's Disease"

34th Northern Greece Scientific Medical Congress

4-6 April 2019 | Active participant. "Meta-analysis of the Effect of Environmental Factors on the Occurrence of Alzheimer's Disease"

25th ESFIE (Scientific Congress of Medical Students)

10-12 May 2019 | Active participant. "The Effect of Modifiable Risk Factors on the Occurrence and Prevention of Alzheimer's Disease"

"Antwerp Medical Students' Congress"

September 2019 | Active participant. "Can your Environment Cause Alzheimer's Disease? A Meta-analysis Research of Causation and Prevention"

Stavros Niarchos Foundation Bioethics Academy: 2nd Annual Bioethics Summer Course

25-27 June 2020 | Active Participant

PUBLICATIONS

1. Cardioprotective Agents for the Primary Prevention of Trastuzumab-Associated Cardiotoxicity: A Systematic Review and Meta-Analysis. *Pharmaceuticals*.2023;16(7):983–983. [doi:10.3390/ph16070983](https://doi.org/10.3390/ph16070983)
2. Assessment of microvesicles from different cell origins in patients with psoriasis: evidence of thrombogenic, proinflammatory microenvironment in the absence of established cardiovascular disease. *Journal of Human Hypertension*. 2022;37(10):925-930. [doi: 10.1038/s41371-022-00787-6](https://doi.org/10.1038/s41371-022-00787-6)
3. Central Systolic Blood Pressure Predicts Biomarkers of Endothelial Dysfunction and Thromboinflammation in a Large Cohort of Patients with Various Degree of Cardiovascular Burden. *Journal of Hypertension*. 2022;40(Suppl 1):e83–e84. [doi:10.1097/01.hjh.0000836024.63045.6f](https://doi.org/10.1097/01.hjh.0000836024.63045.6f)
4. High Mobility Group BOX-1 is Increased in Newly Diagnosed Essential Hypertensives and Correlates with Hypertension-Mediated Target Organ Damage. *Journal of Hypertension*. 2022;40(Suppl 1):e44. [doi:10.1097/01.hjh.0000835632.02104.9d](https://doi.org/10.1097/01.hjh.0000835632.02104.9d)
5. Endothelial Dysfunction in Psoriasis: An Updated Review. *Front Med (Lausanne)*. 2022;9:864185. Published 2022 Jun 10. [doi:10.3389/fmed.2022.864185](https://doi.org/10.3389/fmed.2022.864185)
6. New pathogenic mechanisms in hypertension. The role of natural immunity via the TOLL-LIKE receptors. Published May 1, 2021. <https://hypertasi.gr/images/periodicals/tomos30-2-2021.pdf>
7. Environmental factors (heavy metals, air pollutants, electromagnetic fields, pesticides) and their association with the occurrence of Alzheimer's Disease: A systematic review and meta-analysis. PROSPERO [ID:CRD42022335275](https://doi.org/10.1111/1471-6708.15275) in publication process

AWARDS

1st Place Oral Presentation Award for the research "Can your environment cause Alzheimer's Disease? A meta-analysis research of causation and prevention". Antwerp Medical Students' Congress | 2019