

Surname: DOU

Given name: Yongqi

Position: Professor & Director of Academic Committee of Traditional Chinese Medicine

Organisation and department: School of Traditional Chinese Medicine, The Sixth Medical Centre

Institution: Chinese PLA General Hospital

Personal webpage (preferably from the affiliated organisation's homepage):

Relationship to applicant: friend & former colleague

Email: dyqi\_301@yeah.net

Phone: +8613910335981

Postal address: No.28 Fuxing Road, Beijing100853, China

## Recommendation Letter

Dear Sir/Madame,

As the Director of the Academic Committee of the Traditional Chinese Medicine Department at the Sixth Medical Center of the Chinese People's Liberation Army General Hospital, I am delighted to recommend one of my best colleagues, Wen Bo, for the Hong Kong Laureate Forum.

I have known Wen Bo for more than 10 years, and our collaboration began at a national conference on traditional Chinese medicine. Her sharp intellect and grasp of cutting-edge medical trends left a lasting impression on me. Over the years, we have closely collaborated on various research projects and clinical practices, where her organizational skills and innovative thinking have been indispensable to our team.

In the "Application of Traditional Chinese Medicine in Children with Autism Spectrum Disorder and Sleep Disorders" research project that we both participated in, Wen Bo served as the project lead. She excels at building efficient research teams, coordinating resources from various sources, and ensuring the smooth progress of the project. Her keen insights into the research directions led her to propose innovative solutions that combine traditional Chinese and Western medicine, acupuncture, and medication therapy, laying the foundation for significant breakthroughs in the project.

Wen Bo often brings fresh perspectives and creativity to our team. During challenging project phases, her unique research approaches have frequently inspired the team with

new ideas. In clinical practice, she actively engages in the diagnosis and treatment of children with autism spectrum disorder and sleep disorders, achieving remarkable results through integrated traditional Chinese and Western medicine approaches, particularly acupuncture and medication therapies, earning praise from patients and their families.

Furthermore, Wen Bo actively participates in in-depth research topics, combining a profound understanding of clinical practice with theoretical knowledge. In team collaborations, her coordination skills ensure the orderly progression of all tasks. She frequently organizes academic seminars and training sessions, fostering the professional development of team members.

In conclusion, Wen Bo has demonstrated outstanding performance in research coordination, organizational skills, innovative thinking, and the integrated treatment of autism spectrum disorder and sleep disorders using traditional Chinese and Western medicine. I firmly believe that her participation will lead to greater achievements in her medicine career.

Please feel free to contact me if you need more information about Wen Bo.

Best Regards,

Dou Yongqi



Director, Academic Committee

Traditional Chinese Medicine Department

Sixth Medical Center of the PLA General Hospital

Chief Physician, Professor