

YEUNG Tsz Yuet (Mary)

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EDUCATION

The University of Hong Kong (HKU) 2023-2029
Bachelor of Medicine and Bachelor of Surgery (MBBS)

The HKCCCU Logos Academy 2012-2023
The Hong Kong Diploma of Secondary Education (HKDSE)

EXTRACURRICULAR ACTIVITIES

Internship, Financial Management Internship Program, AIA
2024

- Broaden horizon in the world of financial planning and business management
- Strengthened leadership skill

Participant, 內蒙可持續發展交流考察團, Hong Kong Life Planning Association 2023

- Visited the ground-breaking technology of environmental protection
- Interacted with local students, investigate the future development of China

Participant, Diabetes Virtual Summer Camp 2022, American Diabetes Association
2022

- Attended seminars spoken by 11 renowned diabetes scientists and clinicians about diabetes research, education, and care

Participant, Bioinformatics workshop, University of Hong Kong(HKU) 2022

- Carried out experiment on extracting DNA from plants
- Used Python to code for DNA

COMPETITION

Participant, APRU Global Health Student Poster Contest 2024 2024

Participant, International Biology Olympiad – Hong Kong Contest 2021 2021

3rd Honour, International Junior Science Olympiad 2021–Hong Kong Screening
2021

Participant, The International Brain Bee Competition 2021 2021

SOCIAL SERVICES

Member, GLOW Medic, One Circle Ltd. 2023-2025

- Engaged in visiting the homeless
- Distributed materials, such as food, to people living in subdivided flat
- Communicated with people in low-income groups
- Internship in Alice Ho Miu Ling Nethersole Hospital (AHNH) Chaplaincy and Haven of Hope Hospital Chaplaincy

Group Leader, Seek Our Ways, The HKFYG Leadership Institute and Hang Seng Bank
2024-2025

- Supported students in understanding personal strengths and weaknesses
- Explored and connected social issue awareness to community development

Youth ambassador, “Link and Explore”, Teach for Hong Kong and VolTra
2024

- Developed program materials and design activities for community exploration and personal development
- Conducted community exploration sessions and project-learning sessions supporting students in creating quest campaign
- Developed marketing materials to promote quest-based campaigns on Life, Career and Community exploration in Kwun Tong

Counsellor, Youth Quitline, The University of Hong Kong 2024

- Screened and recruited smokers aged below 25

- Provided brief counselling to smokers
- Administered information sheets, consent forms and questionnaires
- Conducted telephone follow-ups

Internship, Generation Connection Project, The University of Hong Kong

2024

- An 1-month internship visiting different seniors daily
- Record elderly health habits into database
- Guided elderly using eHealth and HA GO apps
- Enhanced knowledge and skills about data research, including the mail merge function in Word

Facilitator, “Future Game”, Learning Ecology

2024

- A large-scale career and life experiential curricula for primary students
- Provided mental support to the primary students
- Guided students’ reflection
- Encouraged students to think about their future career and life planning

Student Ambassador, Generation Connection Project, The University of Hong Kong

2024

- Recorded the health habits of elderly
- Promote various health recording apps, e.g. HA Go, and governmental health facilities to elderly

SKILLS

Language

- English – Advanced (IELTS: 8.0)
- Chinese – Native, Cantonese – Native
- Mandarin: Advanced (Second upper class in Putonghua Proficiency Test)

Computer

- Microsoft Office, Microsoft Excel, Adobe Photoshop

Healthcare

- Certified Smoking Cessation Counsellor (Youth Quitline) Training Programme 2024
- Mental and physical health first aid course completed
- “Medication Management for Older Adults” course completed
- “Presentation of Illness Symptoms in Older Adults” course completed
- “Caregiver Stress” course completed
- “Health Emergency and Disaster Risk Management for Biological Hazards and Pandemics” course completed
- APRU Health Research Ethics Training completed

Communication and Leadership skills

- Training sessions on skills for experiential and project learning, practical program facilitation skills and knowledge on leading life and career education provided by TFHK and VolTra
- Group leader training sessions provided by The Hong Kong Federation of Youth Groups